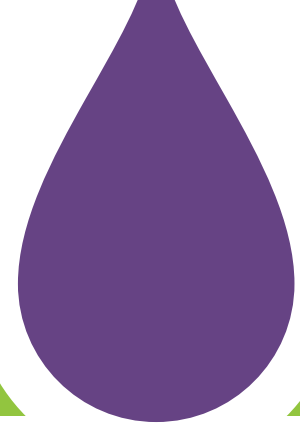


# RED TART CHERRY MICRODRIED® WHOLE

Nutritional Information



## WHOLE

Analysis Name	Results	Units
Moisture	7.61	% by wt.
Calories	362	Cal/100g
Carbohydrates	80.96	% by wt.
Total Sugars	46.37	% by wt.
Fructose	17.93	% by wt.
Glucose	28.44	% by wt.
Lactose	< 0.25	% by wt.
Maltose	< 0.25	% by wt.
Sucrose	< 0.25	% by wt.
Total Fat	0.60	% by wt.
Trans Fat	< 0.01	% by wt.
Saturated Fat	0.13	% by wt.
Monounsaturated Fat	0.19	% by wt.
cis-cis Polyunsaturated Fat	0.25	% by wt.
Total Dietary Fiber	10.3	% by wt.
Protein	8.17	% by wt.
Vitamin A (Beta Carotene)	4524	IU/100g
Vitamin C	< 0.05	mg/100g
Calcium	257.0	mg/100g
Iron	3.39	mg/100g
Sodium	2.87	mg/100g
Ash	2.66	% by wt.

*\* Data obtained from multiple sources including testing and literature. Data is not lot specific and should not be considered a specification.*

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