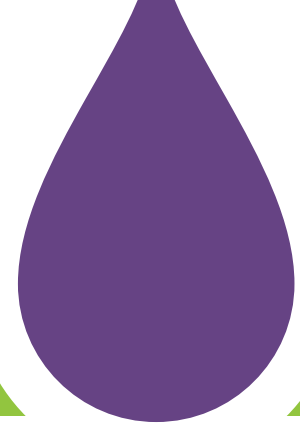


# CRANBERRY MICRODRIED® WHOLE

HIGH MOISTURE      Nutritional Information



## HIGH MOISTURE

Analysis Name	Results	Units
<b>Calories</b>	384	Cal/100g
<b>Carbohydrates</b>	91.75	% by wt.
<b>Total Sugars</b>	47.42	% by wt.
<b>Fructose</b>	9.62	% by wt.
<b>Glucose</b>	37.80	% by wt.
<b>Lactose</b>	< 0.25	% by wt.
<b>Maltose</b>	< 0.25	% by wt.
<b>Sucrose</b>	< 0.25	% by wt.
<b>Total Fat</b>	0.71	% by wt.
<b>Trans Fat</b>	< 0.01	% by wt.
<b>Saturated Fat</b>	0.18	% by wt.
<b>Monounsaturated Fat</b>	0.19	% by wt.
<b>cis-cis Polyunsaturated Fat</b>	0.30	% by wt.
<b>Total Dietary Fiber</b>	24.5	% by wt.
<b>Protein</b>	2.65	% by wt.
<b>Vitamin A (Beta Carotene)</b>	711	IU/100g
<b>Vitamin C</b>	16.75	mg/100g
<b>Calcium</b>	25.5	mg/100g
<b>Iron</b>	0.83	mg/100g
<b>Sodium</b>	19.5	mg/100g
<b>Ash</b>	1.70	% by wt.

*\* Data obtained from multiple sources including testing and literature. Data is not lot specific and should not be considered a specification.*

Concentrated Excellence®  
[milnefruit.com](http://milnefruit.com)



804 Bennett Avenue  
 Prosser, WA 99350  
 tel: 509.786.2611  
 fax: 509.786.4915